

4th Quarter

Life Alignment Workshop

know where
to place your
valuable energy
so you end the
year with a
beautiful harvest!



October 4, 2021

Notes

body + health

physical spaces

relationships

career + pursuits

finances + abundance

creativity + adventure

Notes

Blank area for notes.

My Absolute Yes List

Date: _____ - _____

1

2

3

4

5

I will feel . . .

My Absolute Yes List

1st Quarter:

JFM

2nd Quarter:

AMP

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I will feel . . .

I will feel . . .

3rd Quarter:

JAS

4th Quarter:

OND

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I will feel . . .

I will feel . . .

I hope you keeping asking yourself how you can life On Purpose!

I'm here to help you keep moving in the direction of the life you want. As you've probably figured out, I'm passionate about helping individuals, leaders and teams stop just "showing up" and start performing so they can create real momentum and better results.

WE CAN STAY IN TOUCH A FEW WAYS :

- Become a member of my "**Design Your Life On Purpose**" Facebook Community! It's for people who don't want to settle. That's you, right?
www.cherihoneycutt.com/facebookcommunity
- Listen to my podcast "**Design Your Life on Purpose**". Apple, Spotify and More.
- Check out my books. Yes, I wrote them under a different name (Cheri Britton) but they're still packed with good ideas to help you live On Purpose! "**BOOM Thinking: The Gutsy Guide to Break Out of Old Mindsets**" and "**Work Your Buts Off!: A 30 Day Program to Help You Eliminate Excuses and Get Your Buts Off the Couch!**"

About Cheri

I'm a question asker, "but" kicker and I see possibility at every turn. I believe you can have the life, the team, and the business you really and truly want if and when you live *On Purpose?*

I'm hell-bent on helping people design the life they have always intended to live. I want to shout it from the top of tall buildings, "Wake up! Stop living by default! It's time to live the life you REALLY want!" I believe all of us have a purpose to fulfill and we gotta live ON PURPOSE to bring that to fruition.

I'm passionate about this because I've spent way too many years just getting by, drifting along, second guessing myself and not having much of what I wanted. Or so it seemed. In truth, in those "not so hot" years I was in fact crafting a plan to live my purpose and have the life I really wanted. I was designing my ideal life and now I want to help others do this too.

For over 20 years I've been offering individual and group coaching, providing professional facilitation & training for healthcare and learning communities, keynotes and retreat experiences. To contact me or learn more visit www.cherihoneycutt.com.

